

Department of Education

Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



22 April 2022

DIVISION MEMORANDUM DM No. 324, s. 2022

DIVISION PARTICIPATION TO THE REGIONAL QUALIFYING GAMES FOR THE IDENTIFIED SPORTS EVENTS IN THE NATIONAL INVITATIONAL SPORTS COMPETITION

To: Assistant Schools Division Superintendents

Division Chiefs

Education Program Supervisors
Public Schools District Supervisors

Public and Private School Heads and Coordinators

All Others Concerned

 Relative to the conduct of National Invitational Sports Competition, Region IV-A, CALABARZON will conduct Qualifying Games Competition for the identified sports events on the following dates and venues:

Events	Date	Venue
Swimming	April 26-27	Batangas City
Athletics	April 28-29, 2022	Laguna Sports Complex, Bubukal, Sta Cruz, Laguna
Badminton	April 28-29	Antipolo City
Table Tennis	April 28-29	Santa Rosa Coliseum, Sta. Rosa City
Volleyball	May 12-13, 2022	Laguna Sports Complex, Bubukal, Sta Cruz, Laguna

2. In this connection, SDO Quezon delegation shall be represented by the following qualified athletes, selected based on their performance standing during the previous regional and national games:

Events	Athletes	School	Coach	School
Swimming	Rafael Cyron Ole	SLSU Lab, Lucban Quezon		
	Nicholas Ivan		Grace Ceril O.	Quezon NHS
	Radovan	Paaralang	Revillame	
		Sekundarya ng Lucban	3 8 2 7	

DEPEDQUEZON-TM-SDS-04-009-003



"Creating Possibilities, Inspiring Innovations"

Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon

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Department of Education

Region IV-A SCHOOLS DIVISION OF QUEZON PROVINCE

Athletics	lan Geresano Llarenas	Paaralang Sekundarya ng Lucban	Nelson Sario	Paaralang Elem ng Lucban
Table	Vincent T			
Tennis	Origenes	Mary		
	Francisco T	Immaculate		
	Origenes	Parochial School	Giovani Nonan	Candelaria Elem School
	Gem Karyssa		Chaperon: Ronia	Main
	Nonan	MSEUF,	S. Nonan	
		Candelaria,		
		Quezon	× ×	

- Final Screening and evaluation of athletes documents shall be held on April 25, 2022 at the designated playing venue of each sports event.
- 4. Identified athletes, coaches, and technical officials are advised to report and arrive at the playing venues a day before the scheduled date of the event. The delegation members must have their complete COVID 19 vaccine and shall bring with them their vaccination card and submit the negative antigen's result or RT-PCR negative result (generated 48 hours from testing). See attached memorandum and list of technical officials and members of the different working committees for your reference.
- School Heads of the concerned coaches, assistant coaches, chaperon and members of technical working group should make necessary class adjustment on a forementioned dates.
- Expenses relative to the conduct of this activity shall be charged through partnership/adopt-aschool program and/or local funds/MOOE subject to usual accounting and auditing rules and regulation.

7. Immediate dissemination and compliance of this Memorandum is desired

ELIAS A. ALICAYA JR. EdD

OIC- Schools Division Superintendent

cid-ims/jarm/rqn/04/22/2022

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Department of Education

Region IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

RQG TECHNICAL OFFICIALS

Athletics (April 27-29, 2022)

	Name	Designation	Division
		Chief, Lap Scorer, Lane	
1.	Johmel Domingo	Umpire	Bani ES, San Narciso
			Claro M Recto Memorial
2.	Aries Malabuyoc	Member	Central School
3.	Rodolfo Villasin	Member	Tanauan ES, Plaridel

Badminton (April 27-29, 2022)

	111111111111111111111111111111111111111	1		
4.	Rommel Cuento	Member	MSEMSAT	

Swimming (April 25-27, 2022)

Name		Designation	Division
5.	Charlimagne Alcantara	Chief Inspector of Tums	Quezon National High School

Table Tennis (April 27-29, 2022)

	Name	Designation	Division
6.	Amelito Ojascastro	Umpire	Sampaloc NHS
7.	Remil Barrantes	Umpire	Quezon Elem School

Volleyball: (May 11-13, 2022)

	Name	Designation	Division
8.	Antonio Alvarez Jr.	Referee/Scorer	Lopez NCHS
9.	Cerene Camion	Referee/Scorer	Mabato ES, Mauban North

SCREENING TECHNICAL OFFICIAL (April 25-27, 2022 and May 11-13, 2022)

NAME	SCHOOL
Sherwin A. Vargas	Liwayway NHS- Mauban

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19 April 2022

Regional Memorandum

REGIONAL QUALIFYING GAMES FOR THE IDENTIFIED SPORTS EVENTS IN THE NATIONAL INVITATIONAL SPORTS COMPETITION

To Schools Division Superintendents

1. With reference to Memorandum dated March 21, 2022, issued by the Office of Atty. Revsee A. Escobedo, Undersecretary, Field Operations, Palarong Pambansa Secretariat and DEACO re: National Invitational Sports Competition (NISC), this Office shall hold a Regional Qualifying Games for the identified Sports Events in the National Invitational Sports Competition on the following dates and venues:

Event	Date	Venue
Swimming	April 26-27, 2022	Batangas City
Athletics	April 28-29, 2022	Laguna Sports Complex, Bubukal, Sta. Cruz, Laguna
Badminton	April 28-29, 2022	Antipolo City
Table tennis	April 28-29, 2022	Santa Rosa Coliseum, Santa Rosa City
Volleyball	May 12-13, 2022	Laguna Sports Complex, Bubukal, Sta. Cruz, Laguna

- 2. This activity aims to effectively identify and select the best and most competitive student-athletes that will represent the Region in the National Invitational Sports Competition.
- 3. Final screening and evaluation of athletes' documents shall be held on April 25, 2022 at the designated playing venue of each sports event. Chairman of the Screening and Accreditation Committee of the concerned division is advised to submit the soft copies of the required documents on or before April 21, 2022 and the hard copies four (4) days before the scheduled final screening and evaluation.
- 4. Identified student-athletes, delegation members and technical officials must have their complete COVID 19 vaccine and are advised to bring their vaccination card for verification and strictly follows the IATF Safety protocols.
- Attached are the guidelines on the conduct of the regional qualifying games for reference.

Address: Gate 2, Karangalan Village, Cainta, Rizal

Telephone Nos.: 02-8682-5773/8684-4914/8647-7487

Email Address: region4a@deped.gov.ph

Website: depedcalabarzon.ph

- 6. Identified technical officials and members of the different working committees shall be included and stay with their division delegations.
- Expenses relative to the conduct of this activity shall be charged against local funds/MOOE subject to the usual accounting and auditing rules and regulations.
- 8. Immediate dissemination of this Memorandum is earnestly desired.

FRANCIS CESAR B. BRINGAS

Regional Director

QAD/pql



Department of EducationREGION IV-A CALABARZON



30 March 2022

Regional Memorandum

TEAM CALABARZON'S PARTICIPATION TO THE NATIONAL INVITATIONAL SPORTS COMPETITION

To Schools Division Superintendents

- 1. This is in reference to DepEd Memorandum dated March 21, 2022 from the Office of Hon. REVSEE A. ESCOBEDO, Undersecretary, Field Operations for Palarong Pambansa Secretariat and DEACO inviting Team CALABARZON to the National Invitational Spots Competition(NISC) in support to the Country's preparation and hosting of the 12th ASEAN Schools Games (ASG) scheduled on November 19 to 28, 2022 in Dumaguete City.
- 2. In order to select competitive student athletes to compose the Philippine delegation for the said international event, the Bureau of Learner Support Services Schools Sports Division (BLSS-SSD) will conduct the National Invitational Sports Competition to selected Regions recognized by the Department of Education based on the results of the 2019 Palarong Pambansa for the seven (7) sports events namely Athletics, Badminton, Basketball, Sepaktakraw, Swimming, Table Tennis and Volleyball.
- 3. Schools Division Offices thru the designated Division Sports Officers are advised to conduct the selection process—to student athletes enrolled in Secondary and Senior High Schools with ages ranging from 18 years old and below. Attention is invited—on the required age of 18 years old—during the duration of the ASG as previously mentioned.
- 4. Only those expected to meet the qualifying standards in swimming and track and field based on the 2019 Palarong Pambansa results as provided by the Secretariat will be considered in the Division search to save resources.
- 5. The selection of student athletes for team events is inevitable due to various reasons brought about by the pandemic of COVID-19 which rendered them inactive for the past years, their availability in school and age requirements, hence the need for Division search and Regional level competitions.
- 6. Division Sports Officers are advised to submit their recommendations to be part of the discussion in the scheduled face to face meeting, the date and venue to be determined.

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7. Technical Officials and Focal Persons are expected to collaborate in discussing the guidelines and mechanics on their delegated event on the scheduled meeting as follows:

NAME	EVENT	DIVISION
Roderick C. Tobias	Athletics Track	Binan City
Marciano V. Valles	Athletics Field	Imus City
Rex Alejandro	Badminton	Antipolo City
Juanito Hombrebueno	Basketball	Batangas Province
Erwin Antiporda	Sepak Takraw	Antipolo City
Aprilito de Guzman	Swimming	Batangas Province
Joseph Tito Ocampo	Table Tennis	Cavite Province
Melinda Calumaya	Volleyball	Damarinas City

- 8. Schools Division Superintendents are enjoined to provide the necessary support and assistance to participating student athletes, including DepEd personnel who will serve as technical officials (referees, judges, and umpire) coaches, chaperons, and members of the various technical working committees.
- 9. Expenses incident to the conduct of the NISC (board and lodging) shall be charged to the 2022 Physical Fitness and School Sports Funds, while transportation expenses of participants in going to and coming from the event venue shall be charged to local funds subject to the usual accounting and auditing rules and regulations.
- 10. For further concerns, please contact, **EDUARDA M. ZAPANTA**, Chief, ESSD thru: essd.calabarzon@deped.gov.ph and Mobile No. 09922290961

11. Immediate dissemination of this Memorandum is desired.

FRANCIS CESAR B. BRINGAS

Regional Director

Incl.: as stated

essd/bcp

REGIONAL QUALIFYING GAMES FOR THE NATIONAL INVITATIONAL SPORTS COMPETITION

With reference to Memorandum issued by the Office of Undersecretary for Field Operations, Palarong Pambansa Secretariat and DEACO, Atty. Revsee A. Escobedo on March 21, 2022 entitled National Invitational Sports Competition, this Office shall conduct a Regional Qualifying Games for the five (5) of the seven (7) identified sports events to be played in the 12th ASEAN Schools Games namely: Athletics, Badminton, Swimming, Table Tennis and Volleyball since Basketball (Rizal) and Sepaktakraw (Rizal and Dasmariñas City) have already been identified by the Central Office and no schools in the Region IV-A challenged them as part of the agreements during the Two Day Planning Workshop on the conduct of Regional Sports Conference on April 11-12, 2022.

The primary objective of the said qualifying games is to identify and select the best student-athletes who shall form part of the Regional Delegation and compete in the National Invitational Sports Competition.

The dates and venues of the said sports activity are stated in the proposed guidelines of each event.

GENERAL INFORMATION

- 1. The Regional Qualifying Games for the NISC shall be managed and supervised by the Education Support Services Division with the assistance and collaboration from DepEd Division Offices in CALABARZON.
- 2. A monitoring group from DepEd Central Office known as the School Sports Selection Group (SSSG) shall monitor the conduct of the said sports activity.
- 3. The Regional Qualifying Games for the NISC shall be conducted in accordance with the specified protocols and guidelines per alert Level pursuant to the IATF Rules and Guidelines.
- 4. Expenses to be incurred by the delegation including the select technical officials in participation to this activity shall be charged against local funds subject to the usual accounting auditing rules and regulations.
- 5. All concerned offices, schools, officials, athletes, coaches and other entities who are directly or indirectly involved in this activity shall observe at all times the minimum health standards and safety protocols and shall be mindful of the current policies and guidelines on the Alert Level System being enforced by the local government unit where the official venue of the event is being held.
- 6. The respective tournament manager and technical officials shall strictly enforce at all times the guidelines on COVID-19 mitigating measures and protection procedures throughout the duration of tournament.
- 7. DepEd personnel who have been selected to perform technical and administrative functions such as referees, umpires, scorers, timers, among others shall present the following documents:

- a. Authority to Travel Document
- b. Proof of Vaccination
- c. Medical Certificate duly signed by a physician that he/she is physically fit to perform its tasks in the Regional Qualifying Games

COVID-19 MITIGATING MEASURES ON THE CONDUCT OF THE REGIONAL QUALIFYING GAMES FOR THE IDENTIFIED SPORTS EVENTS IN THE 12TH ASEAN SCHOOLS GAMES

The COVID-19 Pandemic has imposed hardships on all sectors of society particularly the youth. The shifting of face-to-face classes to distance learning mode and the halting of all recreational activities particularly sports activities has taken a toll on their holistic health.

Any form of physical activity has been identified to promote positive child/youth development as well as improving academic performance and boosting of mood and attitude. It further promotes discipline and a sense of belongingness. As COVID-19 restrictions loosens, new normal sets it, so does the limited face to face classes and sports competitions.

This shall provide guidance on COVID-19 mitigation in the conduct of the Regional Sports Competition for six (6) identified sports events in the ASEAN Schools Games.

The operational framework for the resumption of sports activities including training and the event itself shall follow the three pillars of the operational framework stated in DepEd-DOH JMC 1, s. 2021, namely: (1) Safe Operations, (2) Teaching and Learning (coaches and athletes), and (3) Well-being and Protection.

The framework is centered on the following common elements: (a) Health and safety of learners, (b) Learning opportunities, (c) School operations, and (d) Engagement of the entire society.

Safe Operations

This shall guide the billeting schools and the on safely managing operations in billeting areas.

- 1. Preparations for Start of Training
 - a. The school shall set up WASH facilities and supplies at the entrance of the school and at the entrance to the room/s to be used as billeting areas
 - b. The coach shall provide personal protective equipment (PPEs) to all athletes under his care including hand sanitizer of 70% ethyl or isopropyl alcohol.
 - c. Health and Safety protocols in accordance with DOH Administrative Order No. 2021-0043, titled Omnibus Guidelines on t]:e Minimum Public Health Standards for the Safe Reopening of Institutions.
 - d. The coach shall orient athletes, parents, officiating, training officials and delegates on existing protocols, mechanisms, and procedures needed one week prior to the start of the training.
- 2. Classroom Layout and Structure

- a. Classrooms shall be arranged to ensure safety of athletes from COVID-19 transmission following the physical distancing of two meters in between beds/mattresses, and a maximum of 4 athletes per classroom to ensure proper physical arrangement. Seats that will be occupied shall be at least 1 meter apart.
- b. Non-airconditioned rooms are preferred than air-conditioned rooms and windows and doors shall be open at all times to maximize natural airflow.
- c. If airconditioned rooms cannot be avoided, high-efficiency particulate air (HEPA) filtration air purifiers shall be used to clean recirculated air, provided that the unit is adequate for the size of the room in which It is installed and proper maintenance as per manufacturer recommendations be ensured.
- d. Floor markings to ensure unidirectional traffic flow inside the classroom shall be present.
- 3. Protective measures, hygiene and sanitation practices, and respiratory etiquette
 - a. The school shall set up and ensure the availability of proper sanitation and hygiene facilities following the basic requirements and standard in accordance with DepEd Department Order No. 10, s. 2016, titled Comprehensive Water, Sanitation and Hygiene in Schools (WinS) Program such as adequate and safe water supply and provision of handwashing station with antibacterial soap.
 - b. The school shall ensure that handwashing facilities are set up in strategic location.
 - c. Coach, athletes, officiating, training officials and delegates shall wear well-fitted masks and appropriate PPE in the billeting areas and training venues. It is recommended that well-fitted surgical or medicalgrade masks be used. If cloth mask be used as an alternative, it should be made of breathable materials with at least two layers of cotton or non-woven nylon with aluminum nose bridge and may be partnered with a surgical or medical-grade mask underneath
 - d. The coach shall ensure the availability of Emergency Health Kits that include PPEs and other needed supplies and materials for the athlete's
 - e. Surgical masks shall also be made available in the billeting school clinic, billeting school entrance and inside the billeting rooms.
 - f. Athletes who will manifest symptoms recorded through daily health checks conducted by coaches in the billeting classrooms shall immediately be provided with a medical or surgical mask and brought to the billeting school clinic or dedicated isolation area for medical assessment and referral to appropriate authorities.
 - g. There shall be IEC materials posted in common areas of the billeting school on hygiene practices and respiratory etiquette. Infographic materials shall include, but are not limited to, hand hygiene (hand disinfection thru handwashing and/or use of 70% isopropyl or ethyl alcohol), respiratory hygiene and cough etiquette (coughing or sneezing into tissues or one's elbow, protective measures (proper use of face mask, and practice of physical distancing), among others. (#BIDASolusyonPlus and https://bit.ly/winsipcmaterials)

- h. The health personnel assigned in the billeting school shall provide a daily health monitoring tool for athletes, coaches and training officials and shall refer those with symptoms to the Medical Officer in charge of the SDO where the billeting school is located.
- The billeting school shall mobilize the School COVID-19 DRRM Team to ensure that health and safety protocols are in place and are observed during the preparation and implementation of the live-in training of athletes.
- 4. School Disinfection, Sanitation and Waste Management
 - a. To mitigate the spread of COVID-19 through sanitation and disinfection, schools shall follow DOH Department Memorandum No. 2020-0157, titled Guidelines on Cleaning and Disinfection in Various Settings as an Infection Prevention and Control Measure Against COVID-19 and Cleaning and Disinfection of Environmental Surfaces in the Context of COVID-19 by the World Health Organization (WHO).
 - b. The billeting school shall ensure proper disposal of infectious wastes, such as used tissue and masks, in non-contact receptacles
 - c. All used PPEs shall be disposed in a separated leak-proof yellow trash bag/container with cover properly labeled as "USED PPE" or marked for infectious medical waste identifiable by the waste collector such as yellow ribbon or yellow-colored tag, and coordinated with their LGU on collection and management of all infectious wastes across healthcare provider networks.
 - d. Collect the leak-proof yellow trash bag/container or its alternative regularly at least once-a-day at 8 am.
 - e. School personnel to collect the leak-proof yellow trash bag/container or its alternative shall wear medical-grade face mask and puncture-proof gloves.
 - f. Disinfect or spray the collected wastes with a chlorine solution (1:10) in accordance with DOH Department Memorandum No. 2020-0157, titled Guidelines on Cleaning and Disinfection in Various Settings as an Infection Prevention and Control Measure Against COVID-19
 - g. The billeting school shall place trash bins in strategic locations with visual signages on proper waste management practices.
 - h. The billeting school shall ensure routine sanitation of frequently touched surfaces such as tables, doorknobs, and light switches twice-a-day. Disinfectants that are approved by the Philippine Food and Drug Administration (FDA) shall be used such as (1) Sodium hypochlorite recommended ratio of 0.1% (1000 ppm) by dissolving 1/2 tsp of chlorine or 2 g to 2L of clean water for regular disinfection, and recommended ratio of 0.5% (5000 ppm) for body fluids by dissolving I tbsp of chlorine or 10 g to 2L of clean water, (2) Ethanol in all surfaces at a recommended ratio of 70-90%, or (3) Hydrogen peroxide in all surfaces at a recommended ratio of >0.5%
 - i. The athletes shall be disallowed in sharing personal belongings and other personal items such as eating utensils and drinking bottles.

5. Well-Being and Protection

a. Strategy to Prevent COVID-19. To prevent the possible transmission of COVID-19 among the learners, personnel, and other stakeholders.

- Practice frequent and proper handwashing wash hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer if soap and water are not available.
- · Wear face mask. Face shield if necessary
- Practice one-two meter physical distancing and limit physical interaction
- Practice proper cough etiquette.
- Cover mouth and nose using tissue or sleeves/bend of the elbow when

coughing or sneezing.

- Move away from people when coughing.
- Do not spit.
- Throw away used tissues properly.
- Always wash your hands after sneezing or coughing.
- use alcohol/sanitizer.
- · Ensure good indoor ventilation and air flow
- Ensure that food is well-cooked.
- b. Strategy to Detect COVID-19. To detect the possible transmission of the virus during the live-in training and competition proper.
 - To reduce the duration of infection, early detection and isolation of
 possible infected individuals is essential. All learners, teachers,
 personnel (Coaches, athletes, training and officiating officials) and
 other visitors shall be subjected to temperature checks using a
 thermal scanner prior to entering to the billeting areas/ training
 venues.
 - Those who will have a temperature reading of 37.5° Celsius and above or show symptoms of COVID-19 shall be provided with a surgical face mask and brought to a private screening area that shall be set up near the entrance of the school where the concerned teacher, personnel, learner ((Coaches, athletes, training and officiating officials) or visitor can be further examined, for appropriate management, intervention, or referral.
 - Entrance to the school of visitors and other external stakeholders shall be discouraged. Non-face-to-face communications and coordination through available platforms (e.g., telephone, cellular network, the internet) shall be prioritized.
 - Coach/ Chaperone shall conduct daily rapid health check of the athletes/ training and officiating officials of the event. Those who will show symptoms of COVID-19 shall be given a surgical face mask and further assessed in the school clinic.
- c. Strategy to Detect COVID-19. To detect the possible transmission of the virus before, during and after the live-in training and competition proper.

Before the Training

i. All coaches, athletes, training and officiating officials shall present the hard copies of their vaccination card issued by the local

- government unit or Department of Health vaccination certificate upon arrival and entry to the billeting area.
- ii. Furthermore, all coaches, athletes, training and officiating officials shall present a negative antigen test or RT PCR done 24 hours before they begin their training and entry to the billeting area. The antigen test or RT PCR shall be charged to the local funds subject to usual accounting and auditing rules.
- iii. Coaches, athletes, training and officiating officials with negative antigen test or RT PCR and without flu like-symptoms are allowed to join/ participate in sports training and competition.
- iv. If confirmed positive, they shall not be allowed to participate and shall adhere to the quarantine / isolation protocols set by the local government concerned.
- v. For post-COVID infection, RT-PCR tests may remain positive for months, repeat testing is not recommended within 90 days after infection. Consider antibody testing two or three weeks after the initial infection
- vi. The minimum public health standard protocols set by the IATF such as wearing of face mask, washing of hands, and observation of social distancing shall be strictly observed at all times.

During the Training

- i. Coach/ Chaperone shall conduct daily rapid health check of the athletes/ training and officiating officials of the event.
- ii. Coach, athletes, training and officiating official shall fill out the daily health declaration slip.
- ii. Those with flu-like symptoms, shall isolate the case as well as the close contacts and inform the health personnel assigned in the school billeting area and refer to the SDO Medical Officer.
- iii. The SDO Medical Officer shall refer the delegates with flu-like symptoms to the local government unit-rural health unit for contact tracing.
- iv. If confirmed positive, they shall not be allowed to participate and shall adhere to the quarantine / isolation protocols set by the local government concerned.
- v. The close contacts of confirmed positive case shall advised to quarantine and monitor the daily temperature and symptoms. Record in the COVID-19 Monitoring Tool- to consider tests, once the symptoms arises.

vi. The minimum public health standard protocols set by the IATF such as wearing of face mask, washing of hands, and observation of social distancing shall be strictly observed at all times.

Before Competition

- i. The SDO through the Division Sports Officer shall schedule antigen test or RT PCR for coaches, athletes, training and officiating officials which will be done 24 hours before the competition The antigen test or RT PCR shall be charged to the local funds subject to usual accounting and auditing rules.
- ii. Coaches, athletes, training and officiating officials with negative antigen test or RT PCR and without flu like-symptoms are allowed to join/ participate in sports training and competition.
- iii. The minimum public health standard protocols set by the IATF such as wearing of face mask, washing of hands, and observation of social distancing shall be strictly observed at all times.

After Competition

- i. The health personnel of the division office shall continue to daily monitoring on health status of the delegates after the competition for 14 days.
- ii. Coach, athletes, training and officiating official with flu-like symptoms, shall isolate the case as well as the close contacts and inform the SDO health personnel and refer to the SDO Medical Officer.
- iii. The SDO Medical Officer shall refer the delegates with flu-like symptoms to the local government unit- rural health unit for contact tracing.
- iv. The minimum public health standard protocols set by the IATF such as wearing of face mask, washing of hands, and observation of social distancing shall be strictly observed at all times.
- d. Strategy to Isolate and Treat COVID-19.
 - There shall be designated room/s to isolate athletes and other delegates who will experience flu-like symptoms
 - Designated isolation room/s shall be located in another building or another floor from the billeting room where the athletes are staying.
 - Transport vehicles from school to health facilities shall be on standby.
 - Athletes and other delegates who show COVID-19 symptoms shall immediately be isolated and referred based on the severity of their symptom/s for proper management and appropriate testing.

• The SDO health personnel or school health personnel shall ensure the provision of necessary emergency care to the athlete or any other delegate/s, following precautionary measures.

PROPOSED COMPETITION RULES AND GUIDELINES FOR ATHLETICS GUIDELINES AND GROUND RULES IN ATHLETICS

- 1. All participants will abide the health and safety protocol for competition required by IATF.
- 2. Sports shall be played in accordance with the current World Athletic International rules and regulations 2020-2021 and with the IAAF rules.
- 3. An athlete is eligible to compete in three (3) individual events.
- 4. A team may enter two (2) athletes per individual event.
- 5. Entry form should be prepared by every coach in four (4) copies by rank, from the fastest to slowest indicating no. 1 as the fastest and no. 2 as the slowest. The form will be submitted to the Chief of the Clerk of Course tournament manager or to his/her duly authorized representative during the solidarity meeting.
- 6. Only those student-athletes who have complied with the eligibility requirement and met the qualifying standard shall be allowed to participate/compete.
- 7. Only the competing athletes and designated technical official are allowed at the competition area. No coaches or any party identified with athlete is allowed within the vicinity of the playing area. If the rule will be violated, a warning card (yellow) will be shown to the concerned athlete and coach, and for the second time, a red card will be shown, and the athlete will be disqualified from the competition.
- 8. All competitors must wear their delegation identifying uniform and assigned athletes' number when (in front and at the back of the uniform) reporting at the roll call area and during the competition proper).
- 9. Using spikes and starting blocks is optional. In sprint events, competing athletes must be in crouch position during the start.
- 10. The starting height of the bar in high jump is 1.70 meter for Secondary Boys and 1.30 meters for Secondary Girls. The height of the bar will be raised 5 cm after each round or after all the athletes made their attempt.
- 11. To determine the winner in running event, best time will be implemented except in 100 m and 200 m where time trial will be used.
- 12. In case of tie in high jump, to break the tie the height of the bar should be lowered down to 2cm at the last tied height. If the set height is not cleared by both athletes, they will be declared both champion and be part of selected athlete/s for the NISC.
- 13. Substitution of athlete/s will not be allowed.
- 14. In case of inclement weather where in an event cannot be safely competed, the coaches will be consulted prior to the postponement or cancellation of the schedule by the Technical Management based on the rule of the majority.
- 15. The final selection of athletes who will compete for the National Invitational Sports competition will be based on the athlete's performance with the qualifying standard in accordance with the guidelines set by the SSSG.
- 16. Winning coach will be determined by the number of winning athletes by rank.
- 17. Protest procedure will be in accordance with World Athletics rule 2020-21 All protests must be done in writing duly signed by the coach and the head of the delegation.
- 18. All events are subject to changes as the need arise.

19. Throwing Implements weight

	SECO	IDARY
Implement	Girls	Boys
Shotput	4 kg.	6 kg.
Discus	1.0 kg.	1.75 kg.
Javelin	600 grams	700 grams

20. Height of the Hurdles

	SECONDARY	
	Girls	Boys
100	.840 m.	
110		.991 m.
400	.762 m.	.914 m.

21. Date and Venue:

The competition shall be held on April 28-29, 2022 at Laguna Sports Complex, Santa Cruz, Laguna

22. BIB Number Assignment

	SECONDARY		
DIVISION	Boys	Girls	
Batangas City	0101 - 0115	0116 - 0130	
Biñan City	0201 - 0215	0216 -0130	
Calamba City	0301 - 0315	0316 -0330	
Dasmariñas City	0401 - 0415	0416 - 0430	
General Trias City	0501 -0515	0516 -0530	
Imus City	0601 -0615	0616 0630	
Laguna Province	0701 -0715	0716 -0730	
Lucena City	0801 -0815	0816 -0830	
Quezon Province	0901 -0915	0916 -0930	
Rizal Province	1001 -1015	1016 -1030	
San Pablo City	1101 -1115	1116 -1130	
Santa Rosa City	1201 -1215	1216 -1230	

SCHEDULE OF EVENTS IN ATHLETICS

Day 1

Day	Time	Event No.	Event	Category	Round
	7:00 am	1	Shot Put	Sec. Girls	Final
		2	Shot Put	Sec. Boys	Final
		3	High Jump	Sec. Boys	Final
		4	High Jump	Sec. Girls	Final
		5	3000 m Run	Sec. Girls	Final
		6	3000 m Run	Sec. Boys	Final
	7:30 am	7	100 m Dash	Sec. Girls	Time Trial
		8	100 m Dash	Sec. Girls	Time Trial

9:00 am	9	400 m Hurdles	Sec. Boys	Best Time
	10	400 m Hurdles	Sec. Girls	Best Time
	11	Discus Throw	Sec. Girls	Final
	12	Discus Throw	Sec. Boys	Final
	13	Long Jump	Sec. Boys	Final
	14	Long Jump	Sec. Girls	Final
10:00	15	100 m Dash	Sec. Girls	Final
am				
	16	100 m Dash	Sec. Boys	Final
3:00 pm	17	800 M Run	Sec. Girls	Best Time
	18	800 M Run	Sec. Girls	Best Time
	19	Javelin Throw	Sec. Girls	Final
	20	Javelin Throw	Sec. Boys	Final
	21	Triple Jump	Sec. Boys	Final
	22	Triple Jump	Sec. Girls	Final
4:00 pm	23	400 m Dash	Sec. Boys	Best Time
	24	400 m Dash	Sec. Girls	Best Time

Day 2

Day	Time	Event No.	Event	Category	Round
	8:00 am	25	200 m Dash	Sec. Boys	Time Trial
		26	200 m Dash	Sec. Girls	Time Trial
	8:30 am	27	1500 m Run	Sec. Girls	Final
		28	1500 m Run	Sec. Boys	Final
	9:00 am	29	100 m Hurdles	Sec. Girls	Best Time
		30	110 m Hurdles	Sec. Girls	Best Time
	10:00	31	200 m Dash	Sec. Boys	Final
	am				
		32	200 m Dash	Sec. Girls	Final

PARTICIPATING DIVISIONS

Batangas City Dasmariñas City

Laguna

Rizal

Biñan City General Trias City Lucena City

San Pablo City

Calamba City **Imus City** Quezon

Santa Rosa City

RECOMMENDED TECHNICAL OFFICIALS

	Name	Designation	Division
1.	Roderick C. Tobias	TM - Track	Binan CIty
2.	Nilo C. Portinto	TM - Field	San Pablo City
		Tournament Secretary /	
3.	Florabel R. Beredo	Chief Recorder	Lucena City
4.	Rosie Abad	Clerk Of Course	Laguna
5.	Atonio Padua	Chief Starter	Antipolo City
		Chief Time Keeper/	
6.	Alberto B. Levida	Judges at Finish	Lipa
7.	Ria A. Tiston	Chief Steward	Cavite City
8.	Allen Freith Pamplona	Chief, Throwing Events	Tanauan City

9.	Arnel Calong Calong	Chief, Jumping Events	Laguna
		Chief, Lap Scorer, Lane	
10.	Johmel Domingo	Umpire	Quezon
11.	Michael M. Rupido	Member	Cavite Province
12.	Tita S De Gala	Member	Batangas Prov.
13.	Ronnie J. Cabillos	Member	Calamba
14.	Aries Malabuyoc	Member	Quezon
15.	Rodolfo Villasin	Member	Quezon
16.	Cesario Maray	Member	Lipa City
17.	Andrew Marace	Member	San Pablo City
18.	Joey S. Cabral	Member	Cavite
19.	Blanca S. Bendo	Member	Cavite Prov
20.	Ronnie Alvarez	Member	Bacoor City
21.	Corazon L. Bagay	Member	Santa Rosa City
22.	Noel Catoy	Member	Batangas City
23.	Jonel Francisco	Member	Batangas
24.	Richard De Leon	Member	Laguna
25.	Betlehem Cabana	Member	Lucena City
26.	Jonathan Cornillez	Member	Dasmariñas City

PROPOSED COMPETITION RULES AND GUIDELINES FOR BADMINTON

COMPETITION RULES AND GUIDELINES

- The competition will be played in accordance with the NISC guidelines, general rules and regulations, and the current official laws of Badminton adopted by the Badminton World Federation (BWF) Rules.
- In matters not provided for, decisions shall rest with the Technical and/or the Organizing Committee.
- The format of the competition shall be on a Single Elimination or Knock-out system for all events.
- The events to be played are Singles (Boys and Girls) and Doubles (Boys and Girls).
- Only the coach and assistant coach are allowed to approach the Match Control/Referee regarding questions and inquiries during the match.
- The decision of the referee on any dispute during the competition shall be final.

- There will be no seeding and ranking of athletes, drawing of lots shall be used instead during the solidarity meeting
- All events will be played using the 21 points best of 3 games rally points system amended by the World Badminton Federation. In case the score ties at 20 all, the player/pair who gains an advantage of two (2) points wins the game. If the score reaches 29 all, the player/pair who score the 30th points win the game.

PARTICIPATING ATHLETES

- This competition is open to all athletes.
- Athletes who will be participating in this event are pre-identified, prescreened and pre-selected by the Division Sports Officer who have passed the criteria and eligibility requirements established by the School Sports Selection Group (SSSG).

PARTICIPATION RULES:

- 1. All athletes are advised to wear the proper competition attire or its official team uniform.
- 2. Only competing teams/athletes and designated technical officials are allowed in the competition area.
- 3. Only those student-athletes who have met the eligibility requirements shall be allowed to participate/compete
- 4. All concerned are expected to always observe the COVID-19 health protocols

DATE AND VENUE

The qualifying games shall be held on April 28-29, 2022 in Antipolo City

WALK-OVER

A fifteen-minute (15) grace period after the scheduled time/match shall be given to a team/athlete, otherwise the team/athlete shall be declared loser via walk-over.

PARTICIPATING DIVISIONS

	BOYS		GIRLS	
No.	Division	No of Athletes	Division	No of Athletes
1	Imus city	2	Santa Rosa City	2
2	Santa Rosa City	2	Antipolo City	2
3	Antipolo City	1	Rizal	2
4	Rizal	1	Laguna	2
5	Laguna	2	Lucena City	3
6	Lucena City	3	Cavite City	4
7	Cavite City	4	San Pablo City	2

8	San Pablo City	2	Batangas	2
9	Batangas	2	Dasmarinas City	4
10	Dasmarinas City	4	Cavite	2
11	Cavite	4	Gen. Trias City	1
12	Gen. Trias City	2	Cabuyao City	4
13	Cabuyao City	4		

RECOMMENDED TECHNICAL OFFICIALS

1.	Rex Alejandro	Tournament Manager	Antipolo City
2.	Nilo Perez	Asst. Tournament Manager	Laguna
3.	Jennifer Sabile	Tournament Secretary	Cavite
4.	Angelique Ramos	Member	Dasmariňas City
5.	Randolf Abadier	Member	Laguna
6.	Rommel Cuento	Member	Quezon
7.	Norton Asacta	Member	San Pablo City
8.	Glenn Dean Ravelaz	Encoder/Recorder	Laguna
9.	Rodolfo Gallego	Member	General Trias City
10.	Rhoderick Baasis	Member	Tayabas City
11.	Russel Naynes	Member	Lucena City
12.	Elvira Suelto	Member	Tanauan City
13.	Joel Bigalme	Member	San Pablo City
14.	Mark Anthony	Member	Antipolo City
-	Honrade		
15.	Rodel Baet	Member	Batangas City
16.	Sarah Ethel T.	Member	Santa Rosa City
	Jasmin		
17.	Ali Ronald Marimla	Member	Batangas
18.	Michael Garovillas	Member	Rizal
19.	Maria Jasmine	Member	Cavite City
	Almazan		
20.	June Nancy Rosete	Member	Bacoor City
21.	Pampilo Cerbito	Member	Imus City
22.	Al-Joven Lavin	Member	Tanauan City
23.	Marissa Yacaba	Member	Tayabas City
24.	Prudencio Pineda II	Member	Dasmariňas City
25.	Adonis Gonzalvo	Member	Batangas

PROPOSED COMPETITION RULES AND GUIDELINES FOR SWIMMING

1. COMPETITION RULES

1.1. The rules of the DepEd National Invitational Sports Competition for Swimming and the Swimming Rules of the Federation Internationale de Natation (FINA) will be applied. Ground rules which have been agreed upon shall be implemented.

- 1.2. In matters not provided for, decisions shall rest with the Technical and/or the Organizing Committee.
- 1.3. Competition shall be in Timed Finals Format.
- 1.4. Each swimmer is allowed to swim in any individual event provided they meet the Qualifying Standard provided in each event.
- 1.5. A swimmer who fails to swim an event will not be allowed to swim their succeeding events for that session unless otherwise for medical reason and that swimmer must submit a medical report from the DepEd RSAC Swimming Committee.
- 1.6. Only athletes, coaches and Delegation Officials with official identification tags will be allowed at areas designated for delegates.

2. ELIGIBILITY:

- 2.1 Athletes who will be participating in this event are pre-identified, prescreened and pre-selected by the Division Sports Officer who have passed the criteria and eligibility requirements established by the School Sports Selection Group (SSSG).
- 2.2 Must be 18 years of age from January 2004.
- 2.3 Must be officially enrolled in the current school year.
- 2.4 Must be Grade 11 and below during the 12th ASG.

3. SWIMWEAR:

- 2.5 The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.
- 2.6 All swimsuits shall be non-transparent.
- 2.7 The competitor must wear swimsuit in one or two pieces. For men, the swimsuit shall not extend above the navel nor below the knee and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. All swimsuits shall be made from textile materials. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit.
- 2.8 The referee of a competition has the authority to exclude any competitor whose swimwear or body symbols do not comply with this Rule.
- 2.9 Composition/other items: Men's swimsuits are in one piece. Subject to decency rule and observance of limitation in surface covered, Women's swimsuits may be in one or two pieces. Other items covering the body and not part of the swimsuit are prohibited.

4. PROTEST:

1. Protests are possible:

- 1.1. if the rules and regulations for the conduct of the competition are not observed;
- 1.2. if other conditions endanger the competitions and/or competitors; or

1.3. against decisions of the referee, however, no protest shall be allowed against decisions of fact.

2. Protest must be submitted:

- 2.1. if the rules and regulations for the conduct of the competition are not observed;
- if other conditions endanger the competitions and/or competitors;
 or
- 2.3. against decisions of the referee; however, no protest shall be allowed against decisions of fact.

3. To the referee:

- 3.1. in writing;
- 3.2. by the Head of the Delegation or Official Team Coach only; and
- 3.3. within 30 minutes following the conclusion of the respective event

5. TIMING:

- 2.10 In the case of an error in the electronic timing systems and/or manual timing systems, official manual time of a swimmer shall be determined as follows:
 - 5.1.1 If in the case that the time of the first swimmer is higher than the time of the second swimmer, average time of swimmers involved shall be the official time of both swimmers.
 - 5.1.2. Official placing will be decided by the referee based on facts and a referee's decision (RD) will be indicated at the official results.

6. HEALTH PROTOCOLS:

The following health protocols must be followed while inside the competition venue:

- 1. Wearing of face mask at all times when not swimming.
- 2. Observe one-meter social distancing.
- 3. Sanitize with alcohol on specific areas.
- 4. Other health protocol of The Department of Health (DOH) and IATF.
- Preferably fully or partially vaccinated. However, in the absence of it, present negative antigen test or RT-PCR test taken within 48 hours.

7. TEAM COMPOSITION

7.1. Number of swimmers per delegation will be 6 Male and 6 Female

8. DATE AND VENUE

April 26-27, 2022, Batangas City

9. PARTICIPATING DIVISIONS

	BOYS	GIRLS	
1.	Antipolo City	Antipolo City	
2.	Batangas City	Batangas City	
3.	Cabuyao City	Cabuyao City	
4.	Calamba City	Calamba City	
5.	General Trias City	Laguna	
6.	Laguna		
7.	Lucena City		
8.	Quezon		
9.	Rizal		
10.	Santa Rosa City		

10. RECOMMENDED TECHNICAL OFFICIALS

	Name	Designation	Division
1.	Aprilito C. de Guzman	Tournament Manager	Batangas Province
2.	Jay Saloc	ATM (Referee Day 2)	General Trias City
3.	Donna Mercado	Event Coordinator	Batangas City
4.	Baby Gilda G. Aquino	Clerk of Course	Batangas Province
5.	Babylyn T. Hermogenes	Tournament Secretary	Lipa City
6.	Windel G. Aben	Referee	Calamba City
7.	Simeon C. Calderon	Starter	Rizal
8.	Jessie Mendoza	Judges of strokes (RW)	General Trias City
9.	Rose B. Estiva	Judges of strokes (LW)	Binan City
10.	Charlimagne Alcantara	Chief Inspector of Turns	Quezon
11.	Larry G. Girado	Inspector of Turns	Sta. Rosa City
12.	Lilian B. Paderes	Inspector of Turns	Lucena City
13.	Glenn Arthur L. Gutierrez	Judge at Finish	Batangas City
14.	Edwin C. Cruz	Judge at Finish	Rizal
15.	Danilo SD. Anore	Chief Timekeeper	Rizal
16.	Ericson B. Torres	Timer Lane 1	Batangas
17.	Felma Cayas	Timer Lane 2	Cavite
18.	Alvin Pasion	Timer Lane 3	Tanauan City
19.	Rhelet C. Mamangon	Timer Lane 4	Cabuyao City
20.	Deomark T. Yuson	Timer Lane 5	Antipolo
21.	Angelito R. Gonzalvo	Timer Lane 6	Dasmarinas City
22.	William A. Castelo	Timer Lane 7	Cavite
23.	Noemi Juanita Mondero	Timer Lane 8	Laguna
24.	Mariz B. Rabosa	Steward (Ready Bench)	Cavite City
25.	Felomina Bendana	Announcer	Rizal

PROPOSED COMPETITION RULES AND GUIDELINES FOR TABLE TENNIS

1. COMPETITION RULES

1.1 The International Table Tennis Federation (ITTF) rules and regulations shall govern the conduct of the competition. Ground rules will be made in consultation with the coaches.

- 1.2 Athletes are advised to wear the proper competition attire or its official delegation uniform.
- 1.3 Only competing athletes, coaches and designated technical officials are allowed at the competition area
- 1.4 Only those student-athletes who have met the eligibility requirements shall be allowed to participate/compete
- 1.5 Top 4 winners for boys and top 3 winners for girls will represent the Region in the National Invitational Sports Competition

2. PARTICIPATING ATHLETES

Athletes who will be participating in this event are pre-identified, prescreened and pre-selected by the Division Sports Officer who have passed the criteria and eligibility requirements established by the School Sports Selection Group (SSSG).

3. DATE AND VENUE

April 28-29, 2022, Santa. Rosa Coliseum, Santa Rosa City

4. COMPETITION FORMAT

Singles event for boys and girls will be played to select the best athletes for the NISC.

5. SAFETY PROTOCOL

- All coaches, athletes and Officials are required to submit Negative Antigen Test result before the start of the actual Competition.
- All participants are required to write the data needed in the Contact tracing form
- All are required to wear a mask inside and outside of the playing area and playing venue.
- Temperature check is required before entering the playing venue.
- Social distancing should be observed inside and outside the playing area and playing venue.
- Shaking of hands between coaches, athletes and officials is strictly prohibited.
- Hand sanitizing should always be observed to all participants.
- Athletes can only remove their mask while playing.
- Changing of ends will be suspended during the competition.
- In the call area; Umpires are required to wear a hand gloves while inspecting the racket.
- Players are not allowed to hold the racket of their opponent instead they will just take a look at the racket.
- Playing area will be sanitized right after the game.

6. PARTICIPATING DIVISIONS

	BOYS	GIRLS	
1.	Batangas	Batangas	
2.	Cabuyao City	Cabuyao City	
3.	Cavite City	General Trias City	
4.	Dasmariñas City	Laguna	
5.	General Trias City	Lipa City	

6.	Imus City	Lucena City	
7.	Laguna	Quezon	
8.	Lucena City	San Pedro City	
9.	Quezon	Santa Rosa City	
10.	Rizal		
11.	San Pablo City		
12.	San Pedro City		
13.	Santa Rosa City		
14.	Tanauan City		

7. RECOMMENDED TECHNICAL OFFICIALS

	Name	Designation	Division
1.	Joseph Tito N. Ocampo	Tournament Manager	Cavite
2.	Joel Ramos	Asst. Tournament Manager	Sta. Rosa City
3.	Marilyn Tomelden	Secretary (Sec. Boys)	Lucena City
4.	Jocelyn Mercado	Secretary (Sec. Girls)	Tanauan City
5.	Erwin Almuete	Racket Control	Sta. Rosa City
6.	Nino Domingo Reyes	Racket Control	Rizal
7.	Fernando Espinosa Jr.	Umpire	Cavite Prov.
8.	Rex Bool	Umpire	Batangas City
9.	Agnes Sauler	Umpire	Imus City
10.	Amelito Ojascastro	Umpire	Quezon
11.	Herminia Gonzales	Umpire	Tanauan City
12.	Arnold Paolo	Umpire	Laguna
13.	Dennis Fernandez	Umpire	Calamba City
14.	Remil Barrantes	Umpire	Quezon
15.	Hope Macasaet	Umpire	Batangas City
16.	Josue Alindogan Jr.	Umpire	BacoorCity
17.	Christopher Balintec	Umpire	Dasmarinas City

PROPOSED COMPETITION RULES AND GUIDELINES FOR VOLLEYBALL

1. GENERAL RULES

- 1.1 This volleyball competition shall be held in accordance with the rules of International Volleyball Federation (FIVB) Latest Edition and as modified by and/or supplemented by the guidelines stated hereunder.
- 1.2 In case of any dispute on the text, the English version of the FIVB Rules shall prevail.
- 1.3 Any unforeseen event not covered by the rules shall be dealt with as follows:
 - 1.3.1 Cases of general nature shall be resolved in accordance with the guidelines of the National Invitational Sports Competition (NISC).

- 1.3.2 Technical question shall be resolved in accordance with the Technical Guidelines, rules and regulations of volleyball.
- 1.3.3 Question on eligibility shall be resolved in accordance with the screening and eligibility guidelines of the National Invitational Sports Competition (NISC).

2. SPECIFIC RULE

2.1 PARTICIPANTS

The Regional Qualifying Games for volleyball shall be participated in by Secondary Girls teams from public and private schools.

2.2 ELIGIBILITY RULES

The National Invitational Sports Competition Eligibility Rules shall be adopted.

2.3 ENTRIES AND TEAM INFORMATION

Participating Schools/Divisions shall indicated their entries for High School Girls.

2.3.1 **COMPOSITION OF A TEAM:**

A team shall be composed of the following:

- 12 players including one (1) or (2) LIBEROS
- 1 Coach
- 1 Assistant Coach
- 1 Team Manager
- 1 Health personnel (nurse or doctor)

2.4 SPORTS SOLIDARITY MEETING

Coaches and team captains of all participating teams are obliged to attend the Sports Solidarity meeting or the General Technical Meeting to be able to clarify rules to be applied/adopted. Failure to attend waives its right to file neither protest nor complaint against any matter discussed and agreed during the meeting. (Note: During this meeting **Physical Distancing** must be observed). It is also in this meeting that the coach of each participating team must:

- 2.4.1 Submit their entries to the Volleyball Tournament Management to confirm officially its participation following the modified/simplified O-2 VIS Form with twelve (12) players including the LIBERO and three (3) or more officials the Coach and the chaperon (in case of girls' team entry), trainer, and medical doctor.
- 2.4.2 Attend the "Preliminary inquiry" in the said meeting and submit for inspection the two (2) team captain's uniform and that of the LIBERO.
- 2.4.3 Be furnished a copy of schedule of games from the 1st to the last day of the tournament.

2.5 HOW TO WIN A SET/MATCH

- 2.5.1 All matches shall be played in 2-out-of-3 sets following the Rally Point System. A team which scores 25 points with a minimum lead of two (2) points, wins a set. In case of a 24-24 tie, play is continued until a two-point lead is achieved i.e., 26-24; 27-25; etc. Should there be 3rd or deciding set, there will be no change side and the scores will be at 25 points or with a minimum lead of two (2) points; to win the 3rd set. In case of 24-24 tie, play is continued until two points lead is achieved by the winning team.
- 2.5.2 In the Championship match, games will be played on a 3-out-of-5 sets. Should there be fifth (5) or deciding set, there will be no change side and the scores will be at 15 points or with a minimum lead of two (2) points; to win the set.

2.6 CONDUCT OF COMPETITION

- 2.6.1 The First referee shall not permit any discussion about his/her decisions.
- 2.6.2 Referees accredited by DepEd and officially endorsed by the regional office will be tapped to officiate the volleyball games.
- 2.6.3 The rule of succession in scheduling games shall apply. Hence, teams shall be within the vicinity of the court forty-five (45 mins.) to one hour ahead of their scheduled time of play. Fifteen (15) minutes prior to the start of the match, the 1st and 2nd referees will conduct the toss coin and game proceedings. Games shall start as scheduled.
- 2.6.4 Players, coaches, including identified team supporters, pointing dirty fingers, use of profane language or any derogatory remarks addressed to the officiating officials, shall be warned and repetition of the same offense warrants sanction. The team shall be sanctioned by loss of service or point against it if the spectator is identified to be the team supporter.
- 2.6.5 Team/s without registered team officials (Head Coach, Assistant Coach and Team Manager) 30 minutes before the start of their scheduled game will lose the game by default.
- 2.6.6 "No Coach No Play" rule shall apply.
- 2.6.7 In case a team coach is thrown out due to unsportsmanlike conduct, the assistant coach may act as a coach upon request of the team captain. A "thrown-out" or "penalized coach" however still holds that responsibility to take care of his/her team after the game.
- 2.6.8 At the end of the match, team captains thanks the Referees (a gesture of sportsmanship), sign the score sheet to ratify the result of the match. (Rules 5.1.3.1)

2.7 PARTICIPANT'S CONDUCT

- 2.7.1 Participants must know the "official volleyball rules" and abide by them.
- 2.7.2 Participants must accept Referee's decision with sportsmanlike conduct, without disputing them.
- 2.7.3 Participants must refrain from actions or attitude aimed at influencing the decision of the referees or covering up the faults committed by their team.
- 2.7.4 Participants must behave respectfully and courteously in the spirit of fair play not only towards the referee but also towards the officials, the opponent, teammates and spectators. (Rule 20.2.1)

2.8 OFFICIAL VOLLEYBALL RULES, UNIFORM AND NET HEIGHT

- 2.8.1 The competition shall be played in accordance with the FIVB Rules (Latest Edition). All necessary interpretations will be made before the competition, i.e., during the General Technical Meeting of Coaches and Referees.
- 2.8.2 A team must officially register and declare one (1) or two (2) LIBEROS prior to its first game or during the Technical Meeting.
- 2.8.3 **THE LIBERO**. The coach has the option to field in any of the LIBEROS. Replacement of Libero shall be unlimited amongst them. No way that the two liberos shall be fielded at the same time in the same set.
- 2.8.4 **PLAYING UNIFORM**. The playing uniform must be in conformity with the division/delegation uniform. The player's number 1-20 registered on the O-2 VIS form must be the same number to be used by the player throughout the game duration. The uniform of the LIBERO must be in contrast with team's color.
- 2.8.5 **TEAM OFFICIAL'S UNIFORM**. The officials on the player's bench must wear polo shirt or T-shirt with collar. Team officials who are in short pants and/or in slippers will not be allowed to participate during the warm-up.

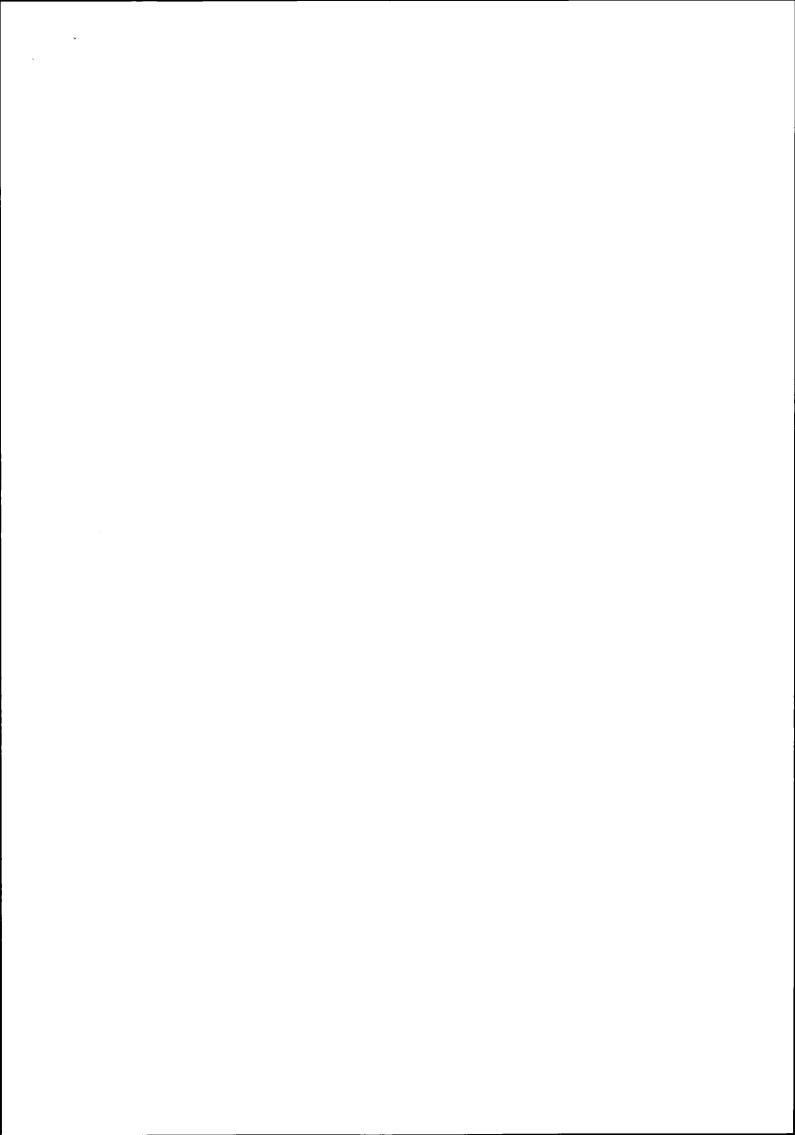
2.8.6 HEIGHT OF THE NET

Secondary Level - Girls: 2.24 meters

2.9 MODE/FORMAT OF TOURNAMENT

- 2.9.1 The eight (8) participating teams will compete using the Double Elimination mode of tournament.
- 2.9.2 The team that will emerge champion will challenge the team identified by the School Sports Selection Group (SSSG), the California Academy from Antipolo City.
- 2.9.3 The said match will be played in a 3 out of 5 sets
- 2.9.4 The winning team will represent the region in the NISC

3. PROVISIONS



3.1 PROTEST/COMPLAINTS:

Protest on eligibility shall be addressed to the Screening/Eligibility Committee while protest on Technicality shall be addressed to the Technical Manager. Such protest must be submitted/presented in writing within 30 minutes period after the game in question duly signed by the team captain and coach accompanied with the proof or evidence. The burden of proof lies on the protester. Failure to submit it within 30-minute would mean non-interest on the part of the protesting party to pursue the case; it shall be considered a nuisance protest.

In case the protest is pursued and the concerned player has been found to be ineligible, the team fielding ineligible player shall be penalized by forfeiting all the games where the ineligible player has played in favor of the opponent without prejudice to punitive sanction such as suspension or disqualification from coaching.

4. CONDUCT DURING COMPETITION AND CORRESPONDING PENALTIES

4.1 PLAYERS AND COACHES ATTITUDE DURING GAMES

Participants must refrain from actions or attitudes aimed at influencing the decision of the referees, otherwise, the player/team/coach shall be issued verbal warning. Repetition of the same offense warrants penalty.

4.2 UNDER THE INFLUENCE OF LIQUOR

Any member of the team found to be under the influence of liquor of drugs shall not be allowed to sit on the bench.

4.3 SANCTIONS

All forms of misconduct during competition shall be subject to sanction in accordance with the sanction scale. (Rule 21.3)

4.4 DEFAULT

A team that does not appear fifteen (15) minutes after the scheduled time of their game shall be declared in default in favor of the opposing team.

4.5 DEFAULT/FORFEITURE/WALK-OUT

A team that declares its game in default, voluntary forfeiture and/or walks-out before or during the match shall be given zero (0) point. Chances are, it might entail exclusion from the next qualifying / ranking round. This rule applies from the preliminary up to the championship round. All matches previously played will be declared forfeited with score: 0-2; (0-25; 0-25) for two out of three sets and 0-25; 0-25; 0-25 for three out of five sets.

5. MEDICAL SERVICE/KIT

It is recommended that all participating teams must provide themselves "Medical" team or a "Medical First Aid Kit".

6. AWARDS

Winners shall be awarded with certificates.

7. MANNER OF SELECTION

The winning team will decide in selecting the players that they need to complete the team who will represent the region in the NISC

8. ADDITIONAL PROTOCOL

To create a safe environment to all participants and to keep the entire competition area COVID 19 free, we have to limit the movement of the players, coaches, and staff within the competition area.

8.1 Protocol during the Competitions:

- 8.1.1 All individual participating in the event must be **fully vaccinated** and shall wear face mask at all times.
- 8.1.2 All Referees must always wear face mask before and after their matches, during the match only first and second referee are allowed not to wear face mask.
- 8.1.3 There mus be a specific **entrance and exit** of all participating teams/officials.
- 8.1.4 Mandatory used of hand sanitizer shall be made available at all entrances and throughout the Competition Venue when entering in this area.
- 8.1.5 Hand sanitizers should be made available at team benches, and at officials working table and all working positions.

8.2 Protocol during the Match:

- 8.2.1 Face masks must be worn by substitute players in warm-up areas and while seated on the team bench. Face masks must always be worn by team officials on the bench except the coach during the match.
- 8.2.2 Team handshake to be eliminated from the pre match protocol.
- 8.2.3 Team Intro Teams line up at their respective endlines
 - Teams move to the attack line as per $\ensuremath{\mathsf{R1}}$ command

and make a bow

- 8.2.4 Players on the court can choose to wear or not to wear masks during matches.
- 8.2.5 There will be no **court switches** at the end of the set.
- 8.2.6 Server must get the ball from the ball cart located parallel to the service line, each cart must have at least 5 volleyballs.

- 8.2.7 It is also recommended to all team members to refrain from sharing equipment, such as water bottles, towels and food.
- 8.2.8 Substitute players should as much as possible to stay in the warm up area during the match while maintaining physical distancing.
- 8.2.9 First and Second Referees must keep the masks available to be used whenever interaction is required with the captain/coach/table officials.
- 8.2.10 Team officials are strongly recommended to practice physical distancing (1.5m) while seated on the team bench.
- 8.2.11 Referees must eliminate sharing of equipment such as sanction card, whistles, etc.
- 8.2.12 Line judges must wear face masks at all time during the match.
- 8.2.13 Ball retrievers must wear knitted cotton/latex gloves during matches and must maintain a 1.5m distance from each team members.
- 8.2.14 Match balls must be wiped with antiseptic solution (alcohol based) when not in play.
- 8.2.15 There will be a break between matches to give time for the cleaning and disinfecting procedure.

All teams and players must be within the vicinity of the volleyball court 15 minutes prior to their scheduled game. First Referee and the Second Referee will conduct the toss coin and the other game proceedings. Games shall start as scheduled after the court has been sanitized.

9. PROLONG INTERRUPTIONS

Interrupted matches, even if it exceeds four hours and played in another venue, match shall continue with the same scores, players, and position. Interrupted set shall continue normally, with the scores of completed set/s kept as played.

10. UNFORESEEN ITEMS

As regards the specific items not expressly foreseen in this regulation, the Tournament Manager will decide in consultation with the General Rules and Guidelines contained in the FIVB and the Department of Education Palaro, Rules and Regulations.

11. DATE AND VENUE

May 12-13, 2022, Laguna Sports Complex, Sta. Cruz, Laguna

12. PARTICIPATING DIVISIONS

Antipolo City – Team to Challenge Batangas

Lucena City

Dasmariñas City Imus City Lipa City

Rizal San Pedro City Santa Rosa City

13. RECOMMENDED TECHNICAL OFFICIALS

	Name	Designation	Division
1.	Melinda G. Calumaya	Tournament Manager	Dasmariñas City
2.	Melchor M. De Guzman	Asst. Tournament	Cavite
		Manager	
3.	Ma. Haidee Martinez	Tournament Secretary	Rizal
4.	Darius Ofrin	Referee/Scorer	San Pablo City
5.	Ramil P. Cueto	Referee/Scorer	Batangas City
6.	Renato E. Victorino	Referee/Scorer	Dasmariñas City
7.	Jimmy Boy P. Tabling	Referee/Scorer	Laguna
8.	Madeline M. Esguerra	Referee/Scorer	Lipa City
9.	Vivien C. Capisonda	Referee/Scorer	Lucena City
10.	Antonio Alvarez Jr.	Referee/Scorer	Quezon
11.	Pedro V. Vidallo	Referee/Scorer	Cavite
12.	Marites D. Alemania	Referee/Scorer	Santa Rosa City
13.	Mark Vincent J. Medina	Referee/Scorer	Tanauan City
14.	Merlita Dechavez	Referee/Scorer	Rizal
15.	Jomel Camalig	Referee/Scorer	Antipolo City
16.	Cerene Camilon	Referee/Scorer	Quezon
17.	Reynaldo Fugen	Referee/Scorer	Laguna
18.	Aldwin Magtibay	Referee/Scorer	Batangas
19.	Mark Jason De Jesus	Referee/Scorer	Lipa City
20.	Noel Joven Esma	Referee/Scorer	Santa Rosa City
21.	Lenie Pagalunan	Referee/Scorer	Antipolo City